

A story worth keeping

One thing I appreciate more now:

One way I can show gratitude:

Keep or share the memory

Read your mini-book to the person you interviewed, if they would enjoy it. Ask before sharing their story or image online.

Personal-use terms

For one household only. You may print copies for your own children. Do not resell, redistribute, upload, or share the PDF file. Original interview answers remain the family's own words.



FAMILY GRATITUDE STORIES

An interview and keepsake mini-book

Ask. Listen. Thank. Remember.

A story told by:

Featuring a conversation with:

A Thanksgiving gratitude project | Ages 5-11

Start here

Three short sessions. Any time of day.

1 ASK (about 15 minutes)

Choose a family member or trusted adult. Talk in person, by phone, or by video. Pick 4-6 gratitude questions from page 3 or 4.

2 ORGANIZE (about 15 minutes)

Jot down details on page 5. Use the timeline and story map to choose one kindness, helpful person, or moment of thanks.

3 MAKE (about 15-25 minutes)

Fill pages 8-11 with words and drawings. A younger child can dictate while an adult writes. Share it only with permission.

A gentle reminder

Let the guest skip any question. Gratitude can be about a person, a place, an opportunity, or a small everyday kindness. Ask permission before recording or sharing the finished story.

The ending

How did you feel? Who or what do you thank?

DRAW A SCENE

Write or dictate:

What happened next?

Show what someone did and how it made a difference.

DRAW A SCENE

Write or dictate:

Gratitude questions

For younger interviewers - choose a few.

- ☐ Who helped you when you were little?
- ☐ What was a little thing that made you happy?
- ☐ Who taught you something you still use?
- ☐ What place are you glad you got to visit?
- ☐ Tell me about a time someone was kind to you.
- ☐ What do you appreciate about our family or friends?
- ☐ Who would you like to thank today, and why?

My own question:

Dig a little deeper

For older interviewers - follow the story.

- ☐ Who showed you kindness at a time you needed it?
- ☐ What ordinary part of your childhood do you appreciate now?
- ☐ Tell me about a challenge someone helped you through.
- ☐ Who helped shape the person you became? How?
- ☐ What tradition or shared moment are you grateful for?
- ☐ How has the way you show thanks changed over time?

Follow-up prompts:

What happened next? Why did it matter to you?

The beginning

Who was there? Where did this kind moment begin?

DRAW A SCENE

Write or dictate:

My gratitude story

Give the memory a title and draw its cover.

Title: _____

DRAW THE STORY HERE

Story told by: _____

Written and illustrated by: _____

Interview notes

Capture the people and moments they appreciate.

Interviewee: _____

Date / place / call: _____

A person or kindness they remember:

A detail I can picture:

Words of thanks I want to remember:

Gratitude timeline

Place a grateful memory in order. Dates can be approximate.

The story happened around: _____

1 Before

2 During

3 After

Story map

Choose one grateful memory for the mini-book.

Who was there?

Where and when?

What kind thing happened?

Who or what are you grateful for?
